**Principal’s Comments**

**Twilight Sports**
The Twilight Sports has generated a lot of excitement and our captains have worked collaboratively to create chants and streamers. On Friday we held a chant rehearsal time in the last hour of the day which resulted in some revisions and a lot of fun! We truly value the thinking and the huge amount of organisation put in by the Twilight Sports Committee and we look forward to sharing a lovely evening with a forecast of 29 degrees.

**PJ Day - Royal Children’s Hospital Good Friday Appeal**
Thank you for supporting our PJ Day last week. We raised $586 with all proceeds going to this wonderful appeal. Well done everyone!

**Easter Egg Raffle**
Junior School Council and KPA has joined together to raise funds with the Easter Egg Raffle. We really appreciate the generosity of families in sending eggs and the assistance with wrapping and presenting the prizes. The raffle will be drawn at the Twilight Sports with many prizes to be shared!

**School Council and Annual General Meeting**
The next meeting of School Council will be on Monday 21st March at 7 pm. This was scheduled to be the AGM but the Department of Education is needing to rectify schools data which will not be completed until 23rd March. So the AGM will be held next term.

**Head Lice - Keep Checking!**
Head lice are parasitic by nature and rely solely on humans for their existence. They lay their eggs (nits) on the hair shaft around 1.5cm from the scalp. Each louse can live for approximately five weeks, but during that lifetime a female can lay up to 120 eggs. Lice have six claws that are designed to grasp and hold on to a single hair shaft. They also use their claws to crawl down toward your scalp when it’s time to feed. Head lice cannot fly, hop, or swim. However, lice that are in water such as a bathtub or swimming pool are still tightly attached to the hair and can survive for a few hours. As long as there’s a food source readily available, an adult louse can live for as long as 30 days on a human. Adult lice can live for almost 24 hours or so on non-human surfaces such as carpets, hardwood flooring, clothing, furniture, sports helmets, headphones, or hair accessories. Medicated shampoos are designed to kill adult lice and nits and cheap hair conditioner may be used with a fine head lice comb. Vacuuming carpets and upholstered furniture prevents lice from crawling onto a new host before they die. Wash bedding, clothing, and washable toys such as stuffed animals in hot water. Tumble dry on high heat for at least 20 minutes to kill lice.

Irene Harding
Principal

**Twilight Sports Carnival**

**TONIGHT 5:00-7:00pm on the Turf**
Sausage sizzle ... fun events ... Easter raffle drawn.
Come along and join in the fun!

**Karoo Calendar**

**MARCH 2016**

- **Wednesday 16th March**
  - Coach Approach—Year 3
  - Year 5 Camp—final payment due
  - Twilight Sports Carnival—5-7pm
  - (Easter raffle drawn)

- **Thursday 17th March**
  - Karoo Cross Country (Years 3-6)
  - 11.30am—1.30pm

- **Monday 21st March**
  - School Council 7pm

- **Tuesday 22nd March**
  - Easter Special Lunch—Prep-Y2

- **Wednesday 23rd March**
  - Easter Special Lunch—Years 3-6
  - KPA Second Hand Uniform Sale
  - 2:30-3:45pm

- **Thursday 24th March**
  - Last day of Term 1
  - (students dismissed at 2:30pm)

- **Friday 25th March**
  - Good Friday

**APRIL 2016**

- **Monday 11th April**
  - First day of Term 2
  - Year 5—Camp

**WHOLE SCHOOL ASSEMBLY**

- **Monday 21st March**

**CAMP PAYMENTS**

- **Year 5 Camp**
  - Final Balance ($100) due 16/3/16

**Term Dates 2016**

- **Term 1**
  - 28 Jan—24 Mar

- **Term 2**
  - 11 Apr—24 Jun

- **Term 3**
  - 11 Jul—16 Sept

- **Term 4**
  - 3 Oct—20 Dec

**Reminder ...**

**SCHOOL HATS ARE COMPELLARY IN TERMS 1 & 4**

**VISITORS TO THE SCHOOL**

All visitors to the school must sign in and out at the office, and collect a green visitor’s badge. These badges help the students and staff identify you as an “authorised visitor”.

Please remember to return the badge when you sign out.
PHYSICAL EDUCATION AND SPORTS NEWS

Karoo Cross Country—Thursday March 17th.... Wear Your House Colours

Our school cross country will go ahead this Thursday. The students will run in their age and gender group around the 1 lap (8 and 9 year olds), 2 lap (10 year olds) and 3 lap (11 and 12/13 year olds) course.

REMINDERS FOR STUDENTS

- you may run in your house colours – shorts, t-shirt, socks, hat, ribbons etc.
- you will need a drink bottle of water and a hat
- bring ASTHMA MEDICATION to the event, in case you need it.
- show your best Karoo sportsmanship, smile, cheer, encourage others and have fun
- remember it is all about achieving YOUR personal best

Parent helpers-Thank you to the parents who have offered to assist on the day. You should all have received information including a map of the course. If there are any parents who would like to offer their assistance you are most welcome to help out – just turn up at the gym at 11:15 on Thursday and I will be happy to assign you a task. For those parents wishing to watch and support the students as they run, the races will begin shortly after recess and conclude by approximately 1:20 pm. The APPROXIMATE start times of races are below, with actual times perhaps varying slightly on the day.

11:40am - 12/13 year old boys
11:50am - 12/13 year old girls
12:00pm - 11 year old boys
12:10pm - 11 year old girls
12:30pm - 10 year old boys
12:40pm - 10 year old girls
12:50pm - 9 year old boys
12:55pm - 9 year old girls
1:00pm – 8 year old boys AND girls

Thank you in advance for your support for this event.

Correction To Last Week’s PE and Sport Report

Last week I mistakenly reported that Sophie J received a silver medal for 20 PBs, when in fact she was awarded a gold medal for 30 PBs. Apologies to Sophie for my error, I must have been dazzled by all those medals!!!

Sharon Lee - PE & Sports Co-Ordinator
KNOX SCHOOLS EXPO 2016—Thursday 17th March at Knox Civic Centre, 511 Burwood Hwy, Wantirna Sth from 5:45-8:45pm. Annual information night for parents/guardians of Years 5&6 changing to secondary school in 2017/18. Q&A panel session will discuss critical factors when selecting a school and strategies to assist students with transition. For more info contact Knox City Council Youth Services on 9298 8533 or email angela.thurbon@knox.vic.gov.au. Bookings not required.

EASTERN RANGES SCHOOL HOLIDAY TRAINING CAMP—1st April from 9:30am—3pm . Easter Ranges are holding a development & testing holiday program for all junior footballers aged 12-15yrs. Registrations now open. Held at Rowville Secondary College, Eastern Campus, Humphreys Way, Rowville. $100 per player. For your information visit easternranges.aflvic.com.au or call Marc on 9724 9499 .

SCHOOL HOLIDAY FUN AT Waverley Gardens—For more info on these activities visit waverleygardens.com.au

- Visit the Easter Bunny 11am-2pm on 19th, 20th & 26th March
- Easter Egg Hunt 11am-2pm daily from 19th—26th March
- Mini Pets—furry friends for you to hold 11am-2pm 29th Mar—1st Apr
- Free Paw-some Fun 4th—8th April : Badge making 11am-2pm and meet Chase from Nick Jr’s Paw Patrol

KPA Second Hand Uniform Sale

Wednesday 23rd March

Donations wanted

KPA will be holding a second hand uniform sale on Wednesday 23rd March from 2.30-3.45pm.

If you have any clean, unwanted uniform items that you are willing to donate for the sale, please deliver them to the office as soon as possible. All proceeds will be donated back to the school. Thanks for your support.

ICY POLES FOR SALE

Everyday after school 3:30-3:45pm

(In the Courtyard)

We will be selling icy poles for $1.00 after school in the Courtyard.

The money will go towards the Year 6 Graduation. So please help support the Year 6s in their final year of primary school.

Thank you!

Lilian and Madison on behalf of Year 6 students.

A note from Rhonda Luttrell

Student Wellbeing Officer at Karoo Primary School

What a great start we had for our lunchtime program, “Friendship Circles” which began on Thursday 18th February. We will continue to meet during lunch time on Thursdays, listen for the announcement.

An invitation to school parents to attend a special morning tea on Thursday 17th March 9am to 10am. I will host this morning, and facilitate a workshop/discussion which will focus on the issues around “Grief and Loss”. We will meet in the staff room where we can also enjoy a cuppa and some yummy morning tea (featuring Easter buns).

Helping children deal with fears:

Many children have fears that surface at various times in their lives. Some, such as fear of the dark are common in children at certain ages. Sometimes fears are triggered by an event or an unfortunate accident. For instance, if a child is bitten by a dog when young, he or she may be afraid of all dogs. Well-publicised tragedies, which feature on our news bulletin regularly, may also increase a deep feeling of fear and anxiety. Helping children cope with their fears requires time and exploring the issues they are facing at this time.

Just a reminder: I work at the school Monday and Thursday 8.30am to 4pm. I invite parents to catch up with me in the staff room each Thursday between 9 – 9.30am for a “cuppa and chat”.

Regards, Rhonda

Asthma Kids

Looking for a way to help your child understand more about their asthma or about a friend with asthma? Asthma Kids is an online, interactive tool to help primary school aged children understand what it’s like to have asthma and what they can do to help. Watch one of the introductory videos then take Chester’s Asthma Trail. There are prizes to win too! www.asthmakids.org.au

Uniform List available from office.

UNIFORM

Klad Sport,
8 Macro Court, Rowville
Ph: 9763 0266

Open:
Monday - Friday : 8.30am-4:30pm
Saturday: 9:00am-1:00pm

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